

DECEMBER 2011

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

8-9	\$ Physical Training	EC
9-10	\$ Zumba Gold (Ends 12/12)	Dance
9-12	\$ Sculpting	Art
9:30-10:30	\$ Chair Exercise (Ends 12/7)	EC
10-12	French Cafe	4
10-12	\$ French Holiday Party (12/19 only)	1
10-12	French - Intermediate	5
11-12	Hula	Dance
11-12:30	^ Functional Fitness (Ends 12/12)	2
12:30-4	Mah Jongg	3
1-2	\$ MELT Method	Dance
1-2:30	\$ Spanish - Intermediate	5
1-3	Ukulele	EC
1-4	\$ Oil Painting on Canvas	Art
1-4	Scrabble	Library
3-4	\$ Spanish- Basic	5
3-5	Intro to Digital Photography (12/5 only)	1
5-6:15pm	\$ Yoga Blend (Ends 12/12)	Dance
6-7:30 pm	Current Events Discussion	Library
6:15-7:30pm	\$ Yoga Blend (Ends 12/12)	Dance

8-9	\$ Strength Training	EC
8:45-9:45	\$ Pilates (Beg.)	Dance
9-11	Blood Pressure (12/6 & 12/20 only)	Library
9:30-10:30	Longevity Stick	GH
9:30-11:30	\$ Bead Stringing & Re-Stringing	5
10-11	\$ Pilates (Int.)	Dance
10-11:30	Ukulele Workout	EC-C
10-12	\$ Chinese Brush Painting (Ends 12/6)	Art
10-2	Duplicate Bridge	2
10-2	Party Bridge	1
11:15-12:15	\$ Neck, Back and Shoulders	Dance
12:30-2:30	\$ Beading	5
1-2	Rosen Method - Free Demo (12/6, 12/13 & 12/20)	Dance
1-4	Shanghai	Library
2-5	Ping Pong	EC-A
5:30-6:30pm	\$ Int. Zumba Gold (Ends 12/13)	Dance
5:30-8:30pm	\$ Water Mixable Oil Painting	Art

8-9	\$ Physical Training (Ends 12/14)	EC
9-10	\$ Zumba Gold (Ends 12/14)	Dance
9:30-10:30	\$ Chair Exercise (Ends 12/7)	EC
9-10	Book Discussion Group (12/14 only)	NBPL
10:00	UCI: Memory Loss & Aging (12/14 only)	1
10-11:30	Alzheimer's Caregiver Support	1B (12/7 only)
10-11:30	Informal Book Group (12/7 only)	5
10-12	\$ Adv. Studies in French Lit. (Ends 12/14)	2B
10-12	\$ World Discovery (Ends 12/14)	2A
12-2	Knitting & Needlework	3
12:30-1:30	\$ Ballet (Ends 12/14)	Dance
1:00	Afternoon Movie "It's a Wonderful Life" (12/14 only)	EC
1:00-2:00	Music to Make You Laugh (12/21 only)	EC
1-2:30	Writing Roundtable Group	5
1:30-3:30	Sailing Club Meeting (12/21 only)	1
2-3:15	\$ Yoga Blend (Gentle pace) (Ends 12/14)	Dance
3-5	Grandparents Support (12/14 only)	3
3:30-5	\$ Yoga Blend (Ends 12/14)	Dance
5:30-6:30pm	\$ Pilates (Beg.)	Dance
6:30-8pm	Int'l Spanish Book Club (12/7 only)	2B
7-8 pm	Let's Go Trippin' (12/14 only)	EC

8-9	\$ Strength Training	EC
8-12:30	Wood Carving Workshop	Art
9-10	\$ Zumba Gold (Ends 12/15)	Dance
9-12	Legal Assistance (12/1 & 12/15) (Appointments are necessary)	Admin
9:45-10:45	\$ Intro to Excel (Ends 12/1)	CC
10:15-11	\$ Stretching & Relaxation (Ends 12/8)	Dance
10-11	\$ Iyengar Yoga (Ends 12/8)	1
10-12	\$ Adv. French Reading	2A
10-12	German	4
11-12	\$ eBay 2 (Ends 12/1)	CC
11:30-12:30	\$ Pilates (Beg.)	Dance
1-2:25	\$ Beginning Line Dancing (Ends 12/1)	Dance
1-3	Advanced Spanish	5
1-3	OASIS Sing Along	EC-A
1-3	\$ Freehand Drawing (Ends 12/22)	Art
2-3:30	Women Connecting	3
2-5	Ping Pong	EC-C
2:35-4	\$ Intermediate Line Dancing (Ends 12/1)	Dance
3-5	Financial Forum (12/1 only)	4
6-7 pm	Laughter Yoga- Free Demo (12/22 only)	1
7-9 pm	Parkinson's Resource Org. (12/8 only)	3

8-9	\$ Physical Training	EC
9-10	\$ Zumba Gold (Ends 12/16)	Dance
9-4	Open Art Workshop	Art
10:00	\$ Membership Monthly Get Together (12/2 only)	EC
10-2	Duplicate Bridge	2
10-12	Parkinson's Support Group (12/9 & 12/23 only)	4
10:30-11:30	\$ Chair Zumba (Ends 12/9)	1A
12:30-3	Texas Hold-em (12/2 & 12/16)	1
12:30-4	Mah Jongg	3
12:30-1:30	\$ Jazz Dancing- Beginning (Ends 12/16)	Dance
12-1:30	\$ Holiday Luncheon (12/16 only)	EC
1-2:30	Big Band Seminar (\$1) (12/9 only)	EC
1:30-3:30	Sing & Pick Hootenanny Group	5
2-3:30	\$ Yoga Blend (Gentle pace) (Ends 12/2)	Dance

ROOM KEY

Admin	Administration Office
Art	Art Center
CC	Computer Center
Dance	Dance Room
EC	Evelyn Hart Event Center
NBCL	Newport Beach Central Library (1000 Avocado Ave)
PL	Parking lot @ 5th & Marguerite

SATURDAY ACTIVITIES

Pancake Breakfast - December 3
8:00-10:00am, Event Center
\$ Ballet
12:30-1:30pm, Dance Room

OASIS WILL BE CLOSED FROM DECEMBER 26, 2011 TO JANUARY 2, 2012